

Rolling Meadows Special Events!

Ground Roping Clinic

You don't have to be a cowboy to learn to handle a rope!

Learning roping skills develops good hand and eye coordination, builds muscle tone and control as well as a sense of accomplishment and competitiveness and long term skills that can be helpful in many situations.

In this fun and informative clinic you will learn how to handle a lariat rope, learn the different types of ropes and their uses as well as the parts of a rope and the loop, all from the safety of the ground! You will be introduced to several roping styles and will learn the different types of swings and catches allowed on both calf heads (as in 4-H events) and steer heads with horns (as in the QH Congress and PRCA dummy ropings). Once mastered from the ground, we will demonstrate the next step in the roping process and give you tips on how to continue your progress at home!

If you have a rope, bring it along, if not we will have plenty to practice with. \$10.00 per person

Sunday, February 28, 2010

2:00-4:00 p.m.

Introduction to the "Extreme"

Cowboy Race & Trail obstacle Clinic

Whether your goal is to compete in the fast paced, fast growing sport of **Extreme Cowboy Racing** or you just want your trail horse to be more reliable and comfortable with new things, join us for a fun and unique way to desensitize your horse and introduce him to new things while you develop new horsemanship skills.

During this clinic you and your horse will be introduced to unique obstacles that will challenge you and help you develop a new sense of accomplishment. You will learn how to negotiate through obstacles, desensitize you and your horse and help build confidence in your horse and your relationship with each other. Don't miss out, come join the fun! \$25.00 per horse/rider team, \$5.00 for observers.

Sunday, March 7, 2010

2:00-5:00p.m.

**Rolling Meadows Farm
330-960-0055**

FMI: Kerry 330-806-2860 or Dana

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